



The PULSE

CELEBRATION ISSUE NO. 2

HOLIDAYS

Why I am thankful



Gratitude. This is a word that features prominently in my mind these days.

When I think of my life, I am filled with gratitude for the many blessings I have been granted. One of my grandest blessings in recent years has been the opportunity to work here at Christian Health Care Center. I am deeply grateful for the team here.

I truly believe the people who work here at CHCC are Spirit-led. You all give of yourselves every day to care

for our residents and give them the best possible environment and care. You do this every day, but it has become even more evident during the past 20 months as we navigate this pandemic together.

It is so clear that you

Please see *Gratitude* on Page 4



by **Tonja Myers**
Administrator

HUMAN RESOURCES



Christmas bonuses are coming!

Christian Health Care Center has once again announced annual bonuses for team members. The 2021 Christmas bonus will appear in bank accounts starting Dec. 10.

Employees who have been employed with CHCC for less than six months will receive \$50. Those who have been employed at CHCC for six months or more will receive \$100.

Bonuses will be given via direct deposit into the bank accounts on file with payroll. Employees who typically receive physical checks can find their Christmas bonus checks at the front reception desk.



Like or share CHCC's Facebook posts with your friends and family to help others learn about job openings, volunteer opportunities, donation requests and more.

facebook.com/christianhealthcare

KUDOS

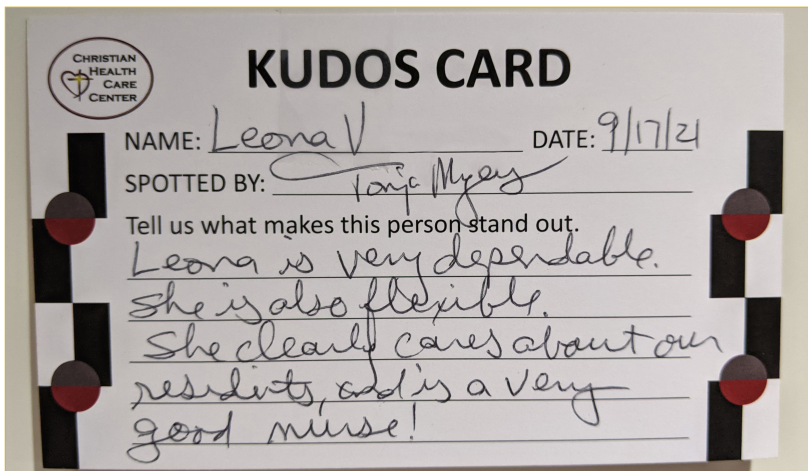
CHCC aces survey

The Washington State Department of Health made unannounced visits to CHCC Nov. 5 and Nov. 9 to perform a focused infection control survey. The survey included just over 5% of our residents. No complaints were investigated, and no deficiencies were found.

This report is something to be proud of. Thank you all for your diligence with infection control. Your work helps keep our residents safe, and your work, represented through DSHS survey reports, shows families that CHCC is a safe place for their loved ones to receive care.



KUDOS



NEW HIRES

Welcome, Mary!

Mary W. joined our housekeeping team recently, and we are happy to have her.

Housekeeping, as told by Hyacinth S. in the previous issue (November 2021, Issue 1) of The Pulse, is a critical part of what we do here at CHCC to care for those who need it. When you see Mary in the halls, please say hello!



Mary W.

HUMAN RESOURCES

Employee Assistance Fund

Did you know we have an Employee Assistance Fund here at CHCC? It is designed to help employees with small, one-time expenses when they are short of funds (for example, buying a new battery for their car so they can get to work, or helping team members who have been seriously impacted by the flooding).

However, this fund is pretty small and could use an infusion. Here's how you can help:

1. Make a one-time cash donation. Just leave it with Tonja Myers.
2. Donate via recurring payroll deductions. Just let Kim Gallegos know how much you would like to donate each pay period. Imagine, if 100 employees donated \$1 per paycheck, that would equal \$2,600 per year!

Give it some thought. If you can help out, it would be a blessing to your fellow staff members. Any amount is appreciated. Thank you!

HUMAN RESOURCES



How to identify new employees

As you can see from Mary W.'s nametag, new members of the team are given green nametags. They keep these for their first 90 days at CHCC. Please warmly welcome new employees and help them feel supported and included. #CHCCTeamwork

KUDOS

Diane, Katie are Shining Stars!

Congratulations to our October Shining Stars!

Diane V.W. is our nursing winner. An NAC who can and does work on any unit, any shift, she has worked at CHCC for more than 15 years. Diane works part time but often does extra shifts to help cover openings and call-ins. She currently works night shift, usually on Cascade.

Diane is a strong professional caregiver who leads with compassion. She clearly cares about our residents and fellow employees. She advocates for others and is always willing to pitch in to help where she can.

Words from others: "Diane is a loyal and dependable employee. She is flexible, willing to work other units and shifts. She has a contagious laugh! She's willing to go above and beyond to provide excellent care to her residents."

Katie Taylor is our non-nursing Shining Star for October. Katie has worked at CHCC for more than 11 years. She is our medical records director.

Everyone who works with Katie

knows she is a real team-focused person. She will do whatever is needed to help others. She is very committed to our mission and to helping other employees. Katie is smart, organized, kind and very knowledgeable.

Words from others: "She keeps us all organized, and she and her team are always willing to help out where needed. She is professional, thorough, pleasant and kind. We are blessed to have her! She does excellent work behind the scenes. She is very professional, with integrity. She is detail-oriented and keeps all medical records neat and organized. She is willing to jump into any department to be helpful, including passing trays, answering phones, making appointments, scheduling drivers and so much more. Always embracing residents and staff, never complains, never says no, never loses her smile and room in her heart for others. She is one amazing pillar of this facility! Her smile always brightens our day."

We are so very fortunate to have both of these amazing professionals on our CHCC team.

Congratulations and thank you, Diane and Katie!

REWARDS

Encourage people to enroll in our next NAC training class

Did you know that you can earn a referral bonus for encouraging people to enroll in our nursing assistant training program? Up to \$500 will be paid to you after the student becomes a certified nursing assistant and starts full-time employment at CHCC. NAC training program details are available at <https://chcclinden.org/nac-training/>. The next class begins Jan. 3.

KUDOS

CHRISTIAN HEALTH CARE CENTER

KUDOS CARD

NAME: Faith V DATE: 9-8-21

SPOTTED BY: Carol

Tell us what makes this person stand out.

Faith is a breath of fresh air, Best a attitude & always such a delight, Always positive 😊

FROM THE CALENDAR



On Nov. 24, wear your favorite fall clothing and colors. On Nov. 30, wear a comfy sweater and enjoy apple cider and caramel in the lounge.

RESIDENT SPOTLIGHT

Getting to know Dennis S.

Have you lived in other places besides Lynden?

Yes, I was actually born in Melbourne, Ontario. I moved to Lynden at age 5, and it has been my home ever since.

What industry did you retire from?

I grew up working on my parents' dairy farm; it started out with just three cows that we milked by hand every day. Quickly, the farm grew to 30 cows with a few chickens, and I helped take care of those critters and the land. I also helped out our neighbors with their farmland.

What was your favorite thing about the work you did?

Oh boy, my favorite thing was driving the tractor.

If you could have any type of food today, what would it be?

I don't really know; I haven't tried all foods yet! [Said with a laugh.]

What is one thing that you have been most proud of in your life?

Graduating from Lynden Christian High School. I am a proud alumnus!

What is one life lesson that you learned from your parents?

Being a farmer takes a lot of effort. My parents taught me the value of hard work and what we can accomplish together as a team.

What is one thing that you like about living at CHCC?

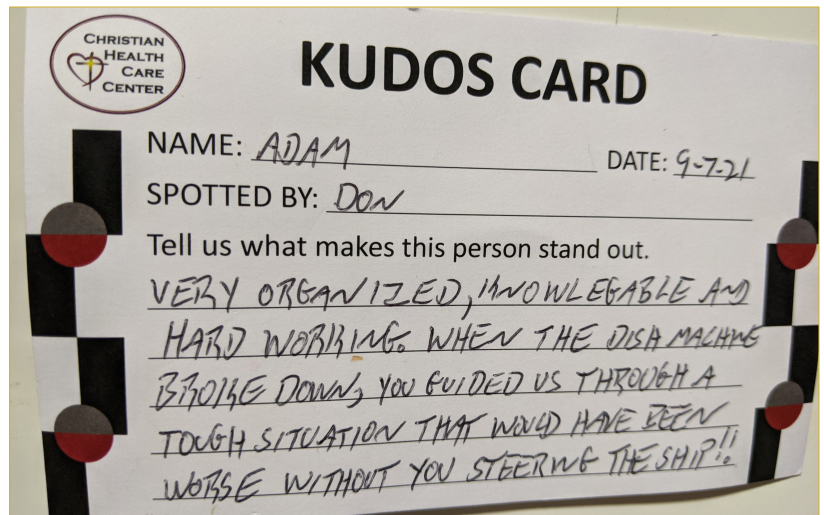
It keeps me out of trouble, I think! [Said with a laugh.]

To read the rest of this interview, please visit <https://chcclynden.org/category/resident-spotlight/>.



Dennis S.

KUDOS



GRATITUDE

Continued from Page 1

lead with love. You sacrifice and dedicate your energy to prioritizing the care of our residents. You are flexible, dependable and compassionate. You live our mission to provide care and services with compassion and love in Christ's name. Especially now, with the added emergency of flooding, which has brought pain and fear to some of our co-workers, community members, and loved ones, you continue to reach out to help others, within and outside of CHCC. Thank you.

My wish for you, and for all of our residents and families, is that this Thanksgiving season will bring you joy, peace and an opportunity to reflect and relax in gratitude for all we are given.

I will be thinking of you, my CHCC family, and feeling thankful for all you do, every day.

