



The PULSE



NORTHWEST ADULT DAY HEALTH & WELLNESS CENTER

February 2018, Issue 2

A message from CHCC's administrator, Tonja Myers

In light of the recent horrific incident in Florida, it feels like the right time to refresh our memories and keep one particular policy top-of-mind: weapons. For example, would you know what to do if you saw someone with a weapon in or around CHCC or Northwest Adult Day Health? Do you know what items are considered weapons?



If you answered no to either of those questions, please take two minutes to read the following policy. Learning and retaining this information can have a significant impact on each of us, our residents, volunteers and even the Lynden community.

Policy Statement: Our facility prohibits employees, residents, visitors, vendors, or others from possessing firearms or other weapons while in/on our facility's premises.

Interpretation and Implementation

1. Our facility prohibits any employee, resident, visitor, vendor or any other individual from possessing firearms or other weapons designed to do bodily harm (e.g., knives with blades longer than four inches, brass knuckles, explosives, etc.) while in or on our facility's premises.
2. Signage is posted throughout the building relative to our facility's policies governing the possession of firearms or other weapons while in or on our facility's premises.
3. An employee who suspects an individual of carrying a weapon should not confront the individual, but should immediately contact the administrator or their supervisor and inform him/her of the suspicions. (Note: Should these staff members not be available, contact the local police department for assistance.)
4. Violations of this policy will result in an immediate call to law enforcement and termination of employment, discharge from the facility, denial of visitation privileges, removal of vendor from approved vendor listing, etc., as each situation may apply.

KNOWLEDGE

has a
BEGINNING
but no
END.



Grandparents in the attic, children in the basement

The New York Times just published an article about multigenerational living situations.

"Did Americans stop loving their mothers in 1940? No, but their parents began receiving checks from a just-enacted New Deal program called Social Security and no longer had to rely financially on their families."

Interesting, right? Continue reading at nyti.ms/zogVjEd.



Like us on
Facebook

Help others learn about job openings, volunteer opportunities, donation requests and more. It's easy! Just like CHCC's Facebook page and then like or share our posts with your friends and family: [fb/christianhealthcare](https://www.facebook.com/christianhealthcare).



Welcome! Sandeep is a registered nurse, Kelcee is a nursing assistant. Their caregiving skills and experience are welcome and appreciated. Please say “hello!” when you see them in the halls.

Tell someone this today: Taking a break is never selfish. It’s critical to the sustainability of serving as a family caregiver.



We’re working on a program that goes beyond recycling paper and cardboard, which currently is our primary focus. As a facility, we can do better, so we’re making plans to improve recycling at CHCC.



If you have a passion for recycling and would like to get involved with launching a new recycling program here at CHCC, please let Tonja Myers know ASAP.



It’s a scenic ride for some and an extended break for others.

Our mission at Northwest Adult Day Health is to provide life-enabling service to everyone involved in a caregiver relationship.

Our program is not just for the elderly, but for their caregivers, too. Both members and their caregivers benefit from NWADH’s adult day health programs.

NWADH keeps members active and engaged from 10:30 a.m. to 2:30 p.m. Monday through Friday. People who attend our adult day health programs enjoy music, exercise, educational lectures, a nutritious hot lunch, craft projects and more — all while engaging in beneficial conversation and social interaction.

For their caregivers, that means there’s a defined chunk of the day that’s completely free of restriction. It’s not just the four-hour block, either.

Did you know that NWADH offers transportation to and from 851 Aaron Drive? Caregivers who drop off and pick up their loved ones at one of our transportation hubs can count on even more respite time every day — all while their loved ones enjoy a scenic ride through Whatcom County.

Caregivers whose loved ones ride the bus to NWADH get a more extensive break, often from 8:30 a.m. to 4 p.m. That’s a lot of time to catch up on chores, run errands or simply take a well-deserved rest.

NWADH buses pick up passengers at Christ the King Church in Bellingham, Nooksack Valley Christ Community Fellowship in Everson, Hinote’s Corner and Riverhouse in Lynden, and Blaine Senior Center. No matter where people live in Whatcom County, Northwest Adult Day Health is just a short drive away.



NEW MEDICARE CARDS COMING FOR CHCC RESIDENTS

To avoid identity theft, we're always told not to leave the house with important documents — birth certificates, social security cards, etc. — that can be lost or stolen.

But for Medicare beneficiaries, this has always been hard advice to follow. Their Social Security Numbers are printed right there on the Medicare cards, which are needed to conduct certain transactions.

Soon, that is going to change. The federal government is removing social security numbers from Medicare cards in order to combat identity theft and better protect people's healthcare, financial and federal benefit information. Cards are being mailed to all Medicare beneficiaries between April 2018 and April 2019. Seniors across the nation could be getting a card in a couple months, or it could take a bit longer.

As soon as the new card arrives, all CHCC residents will need to share the details with social services so that we can update our information. Currently, all Medicare beneficiaries have a Medicare claim number that's based on their Social Security Number.

That number is used to identify each person for the purposes of things like billing, determining eligibility status and processing claims. The new cards will feature a Medicare Beneficiary Number that's not linked to the SSN. In order to process Medicare transactions, we'll need that new number.

Questions? Talk to Steve Wallace or continue reading here: <http://chcclynden.org/news/>.

KUDOS

"The facility is spacious and clean,
organized and efficient."

Son of long-term care resident



Shout out to Steven Lewis, all of the housekeepers
and everyone in environmental services!

Thanks for helping, Chiane!



Chiane Bakke shared Christian Health Care Center's post.

Come and work with me!



Christian Health Care Center

NEW WAGE SCALE for nursing assistants! \$14.50+ per hour to start, DOE, plus \$2 per hour night shift differential.



Full-time NAC careers at patient-centered nonprofit

The work you do at CHCC is meaningful to many. You'll feel great about serving the elderly -- the most precious members of many families -- with compassion and love.

INDEED.COM

Apply Now

Like

Comment

Share



Christian Health Care Center Chiane! Thank you for sharing this with your friends and family. Doing so can really help us find the best people to help care for our residents. ❤️



Like us on
Facebook

Curious what's happening at Northwest Adult Day Health & Wellness Center? Like our Facebook page to learn about the program and continuing education opportunities: [fb/northwestADH](https://www.facebook.com/northwestADH).



COMMENT BOX CORNER

Sharing your *FRESH* ideas, comments, kudos!

Suggestion: Can staff buy meals from dietary like family members do when they are visiting?

Reply: Great idea! We are working on this and hoping to have a plan in place by this summer!

Suggestion: If staff forget to have their TB test read, they should be required to pay for the repeat test (other facilities require this).

Reply: Interesting idea. We are working on our personnel policies and will certainly keep this in mind as a possibility. Thanks for the idea!

Suggestion: Please consider re-evaluating the tuition reimbursement program to accommodate staff who are going to school, working and have a family. Sometimes it's not realistic to work 30+ hours each week to qualify for tuition reimbursement.

Reply: Thank you for this idea. We do want our benefits to be the best around, so this will be taken into consideration as we re-vamp our personnel policies in 2018. Please keep those ideas for recruitment and retention coming!

Suggestion: I think we should have real baked potatoes instead of baked potato soup.

Reply: We're referring this to our Employee Relations Committee. Some people love baked potato soup, so we won't want to eliminate this, but having a baked potato day once in awhile would be great too!

HAVE YOU MOVED RECENTLY? GOT A NEW PHONE NUMBER OR CHANGED YOUR ADDRESS? STOP BY HR TODAY TO LET THEM KNOW, OR EMAIL UPDATED CONTACT INFO TO HR@CHCCLYNDEN.ORG.

FIRE (code red) reminder: R-A-C-E

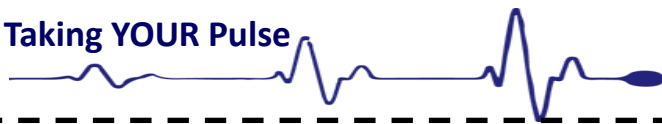
Remove resident or person from danger, and close the door. Evacuate residents to safety within the building.

Alarm: Pull the alarm if applicable (this is a direct line to the Fire Alarm monitoring company, which then calls the Fire Department) and announce the location of the fire on the intercom by picking up the handset, pushing INT, then #39. Speak loudly and clearly into the mouthpiece, stating "Code Red (area or room number)". Repeat three times. Then call 911.

Contain: Be sure all fire doors, doors and windows are closed to help contain fire. Keep lights on. Turn fans off.

Extinguish: Know where the fire extinguishers, alarms and exits are located in the facility. Know how to use fire extinguishers. All fire extinguishers at CHCC are ABC type. They are universal and multi-purpose (wood, paper, oil, grease and electrical).

Taking YOUR Pulse



ASK US ANYTHING!

Have a question about CHCC? Jot it down and drop this slip in a break room comment box. We'll share answers in the Q&A column in this newsletter.
